

Welcome to...

**Lent**

and

**Easter**

at the Catholic Church in Sidmouth



Church of the Most Precious Blood

2017

Lent is the forty days before Easter (excluding Sundays) when we get ready to celebrate Easter, when Jesus died on the cross and rose again so that we can live with God forever in Heaven. During Lent we try and prepare ourselves for the joy of Easter by spending time in prayer and reflection. We may try and eat less on certain days, give more money to the poor, make a special effort to spend time with people who need our help, or prepare in other ways. There are lots of events in the church during Lent to help and guide us through this special time, and we would love to share them with you.

It doesn't matter if you haven't been to church for a long, or perhaps you're not sure what you believe. You're still very welcome to join us for any of these events.

### Free Pancakes for All!

*Tuesday 28<sup>th</sup> February 4-6pm*

St Teresa's Hall

Pancake Day is traditionally known as Shrove Tuesday, the day when people used up their 'luxury' food items of milk, eggs and sugar before Lent began. Although not everyone gives up these items for Lent, it's still a great excuse to eat pancakes! Come and join us in a last-minute feast before Lent starts, and it's all totally FREE!!!

**St Teresa's Hall** is in the corner of Vicarage and Connaught Road – opposite Sidmouth Garage.

The **Church of the Most Precious Blood** is off Vicarage Road at the end of Radway – just turn down the road with Sidmouth Print Shop on the corner.

### Ash Wednesday

*Wednesday 1<sup>st</sup> March 10am and 7pm*  
in the Church

The first day of Lent. During this service you can receive a cross made from ashes on your forehead (if you want to!) which helps to remind us that we have made wrong choices and want to try to do better in the future.

## Stations of the Cross

*Fridays in Lent 6pm*

in the church

Short services which give you the chance to reflect on the journey to his passion, death and resurrection. Each week a different group of parishioners lead the service with their own interpretation on the story so there should be something to appeal to every taste.

*If you pop into our church during Lent you might notice a lot of purple...*

*Purple is the colour of penitence, which is central to our Lent preparation – we prepare our hearts to welcome the risen Jesus at Easter by repenting of the things that we wish we hadn't done and reconciling ourselves to God. Our Reconciliation Service is a perfect opportunity to do this.*

## Reconciliation Service

*Saturday 1<sup>st</sup> April 11am*

in the church

A short service with the chance to say sorry to God for any wrong choices we have made, and to receive His abundant forgiveness and healing love.

## Quiet Service

*Sunday 19<sup>th</sup> March 5pm*

in the church

A service of simple repetitive singing of Taize chants and short readings, interspersed with periods of silence for personal reflection. Why not take an hour to yourself and just sit quietly with God in peace?

You are also welcome to join us for Mass, which happens every day in the church – see our website for times.

The church is usually open during daylight hours – feel free to call in any time you want.

## Easter Celebrations in the Church

<i>Palm Sunday (9<sup>th</sup> April)</i>	<i>10:30am (with procession from St Teresa's Hall beforehand)</i>
<i>Maundy Thursday (13<sup>th</sup> April)</i>	<i>7pm Mass of the Lord's Supper</i>
<i>Good Friday (14<sup>th</sup> April)</i>	<i>3pm Celebration of the Lord's Passion</i>
<i>Holy Saturday (15<sup>th</sup> April)</i>	<i>9pm Easter Vigil</i>
<i>Easter Sunday (16<sup>th</sup> April)</i>	<i>10:30am Mass</i>

Easter is the world's biggest  
Celebration.

Everybody in the whole  
world is invited to join in!

If you would like any more information about any of the things mentioned here, or you have any questions about church at all please do get in touch; we'd love to hear from you.

Phone: 01395 513340

[www.churchofthemostpreciousblood.co.uk](http://www.churchofthemostpreciousblood.co.uk)

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